

# Mistica



CLINICALLY SHOWN TO  
OUTPERFORM ITS COMPETITORS,  
MISTICA DELIVERS POWERFUL  
RESULTS. YOU WILL LOVE THIS  
AÇAÍ FRUIT BLEND!

**Are you interested in slowing down  
the aging process?**

Scientific data conclusively shows that oxidative stress is a major contributor to most disease processes in the body. Further, an excess of free radical activity in the body results in the breakdown of living tissue and increases the aging process.

Over the past 25 years, science has raced to discover how to impede the natural process of aging and stop this oxidative stress. Clinical data suggests that plant chemicals rich in antioxidants can slow the aging process significantly.

**Independent clinical testing shows that**

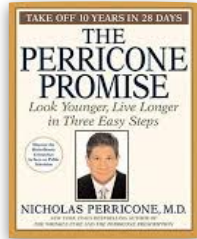
**Mistica reduces free radical  
damage by as much as 43%!**

**Experts say this reduction in  
damage is equivalent to  
adding 20 years to your  
life!**



## AÇAÍ - A POWERFUL SUPERFOOD

In his best-selling book *The Perricone Promise*, internationally known natural health expert Dr. Nicholas Perricone lists 10 super foods that can help you look younger, feel better, and promote long life.



Dr. Perricone was so impressed with the Brazilian Açaí berry, he put it at the top of his list!

He calls the Brazilian Açaí berry, “one of the most nutritious and powerful foods in the world.”

No other fruit can claim the extraordinary combination of antioxidants, amino acids, anthocyanins, and essential fatty acids then the Brazilian Açaí Berry.

Articles extolling the virtues of açai have appeared in the *Washington Post*, *Wall Street Journal*, *Men's Journal*, *Health Sciences Institute*, *New York Times* and *Time Magazine*.

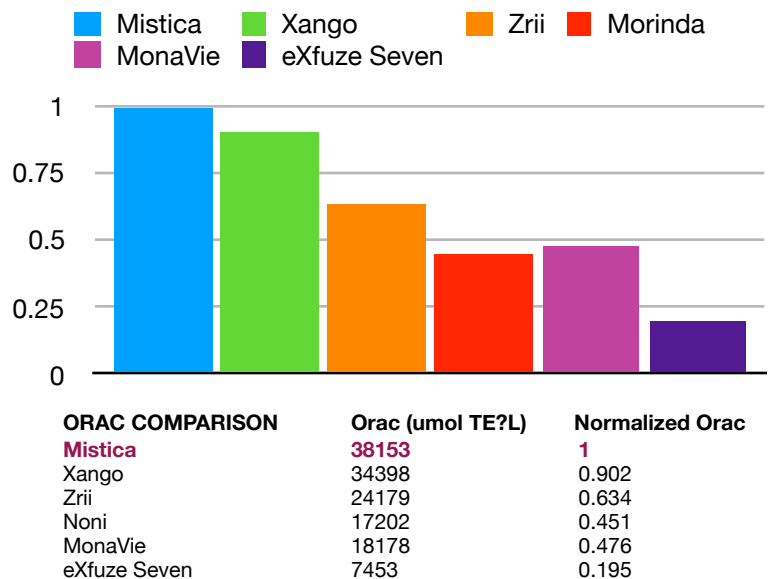
## MISTICA BENEFITS

- \*Antioxidants to help counter cell inflammation and premature aging
- \*Anthocyanins to support the cardiovascular system
- \*Essential fatty acids to aid in digestive tract function
- \*Phytosterols to help maintain normal cholesterol levels
- \*Amino acids for enhance muscular activity and regeneration
- \*Provides support for maintaining a healthy prostate
- \*Aids in maintaining a healthy immune system
- \*Promotes greater energy and stamina
- \*Protects against vascular and cellular free-radical damage

## INDEPENDENT CLINICAL TEST PERFORMED BY BRUNSWICK LABORATORIES

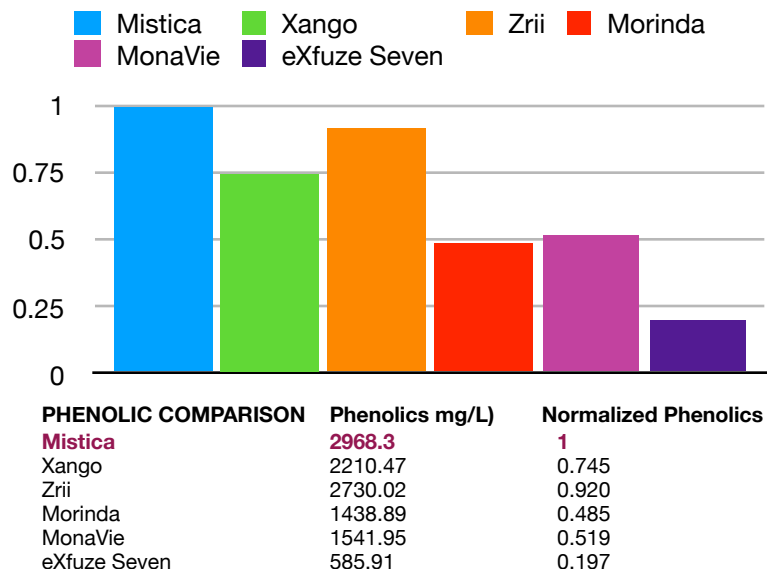
### ORAC Comparison

Measurement of Oxygen Radical Absorbance Capacity - Antioxidant Activity



### Phenolic Comparison

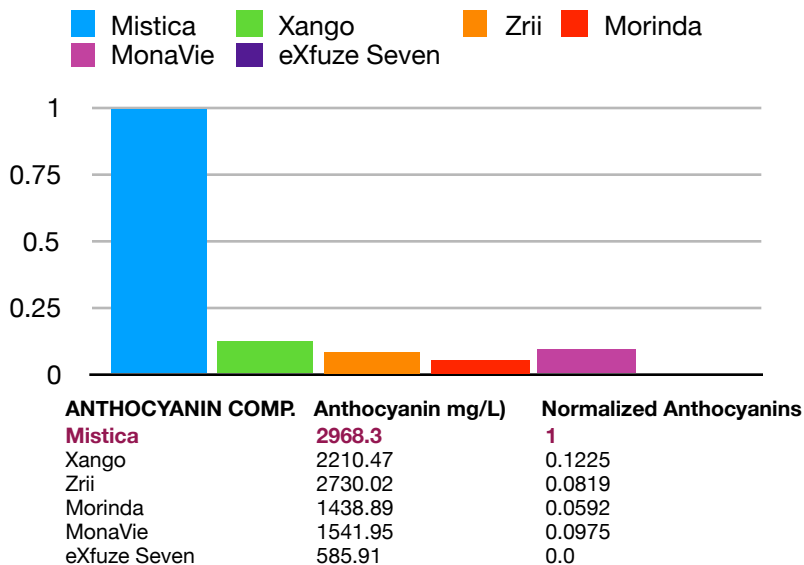
Biologically active compounds found in plants that impart antioxidant protection



## INDEPENDENT CLINICAL TEST PERFORMED BY BRUNSWICK LABORATORIES

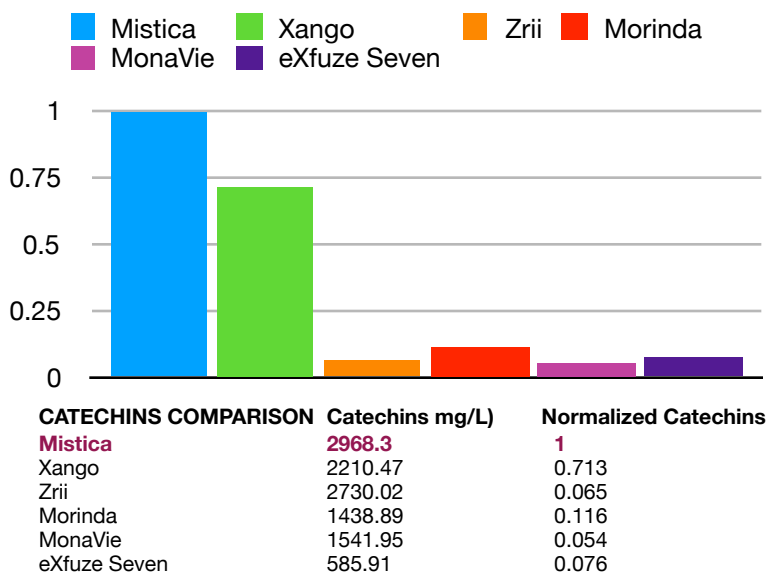
### Anthocyanin Comparison

Anthocyanins impart color to plants providing antioxidant protection



### Catechins Comparison

Biologically active compounds found in plants that impart antioxidant protection



## CLINICAL PROOF

Synergy's product strategy is unmatched in the nutritional industry. The hub for all new product development for Synergy Worldwide, The Hughes Center has been outfitted with state-of-the-art instrumentation and utilizes the skills of it's many PhD's, MD's and biochemists—and for the first time— is creating nutritional therapeutics—not pharmaceuticals—but nutritional therapeutics that are being clinically proven to deliver superior scientific results.

Due to this, Synergy has become a world leader in health, anti-aging, and wellness products and with partner company, Nature's Sunshine was named by Nutritional Outlook magazine as Supplement Manufacturer of the Year.

Dr. Norm Shealy says of Mistica, "After years of examining every kind of functional food beverage, and hundreds of vitamin and herbal supplements, I have finally found a product that will actually make a significant improvement in oxidative damage."

Conducting a trial to examine the effects of Mistica on free radical damage, according to Dr. Shealy, "**The results of the study were so impressive that I am thoroughly convinced that Mistica is a powerful and effective antioxidant. Mistica can help mitigate the effects of free radical damage in the body. This is the first, and only, example of a food supplement that I have found to have a significant impact on cellular membrane integrity.**"

"You can harness this new knowledge by being proactive and assessing the free radical damage you are experiencing, and by using Mistica to mitigate the pervasive effects thereof. In my opinion, by doing so you will be taking a powerful step toward taking control of your personal health."